

INTRODUCING THE

ADL↑FT

SOCIAL MEDIA

Calendar

2025





# January 2025

ADL↑FT

|  |  |  |   |
|--|--|--|---|
| <b>01</b> Wednesday<br>New Year's Day <br>Global Family Day             | <b>06</b> Monday<br>World War Orphan Day   | <b>13</b> Monday <br>Lohri                                      | <b>26</b> Sunday<br>Republic Day of India <br>International Customs Day<br>World Leprosy Day |
| <b>02</b> Thursday<br>World Introvert Day  | <b>08</b> Wednesday<br>World Typing Day   | <b>14</b> Tuesday<br>World Logic Day<br>Makar Sankranti Pongal  | <b>27</b> Monday<br>International Day of Commemoration in memory of the victims of the Holocaust  |
| <b>04</b> Saturday<br>World Braille Day  | <b>09</b> Thursday<br>Pravasi Bharatiya Diwas (NRI Day)<br>International Choreographer's Day   | <b>15</b> Wednesday<br>Indian Army Day   | <b>30</b> Thursday <br>Martyr's Day  |
| <b>05</b> Sunday <br>World Hypnotism Day<br>National Screenwriter's Day | <b>10</b> Friday <br>World Hindi Day  | <b>19</b> Sunday <br>World Religion Day                         | <b>25</b> Saturday<br>National Voters Day<br>National Tourism Day   |
| <b>05</b> Sunday <br>World Hypnotism Day<br>National Screenwriter's Day | <b>12</b> Sunday <br>National Youth Day<br>(Birth anniversary of Swami Vivekananda) |  |   |





# February 2025

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01 Saturday  
World Interfaith Harmony Week (1-7 Feb)


02 Sunday  
World Wetlands Day 


04 Tuesday  
World Cancer Day 


05 Wednesday  
World Nutella Day


06 Thursday  
International Day of Zero Tolerance for Female Genital Mutilation


10 Monday   
World Pulses Day

11 Tuesday   
Safer Internet Day  
International Day of Women and Girls in Science


12 Wednesday   
National Productivity Day


13 Thursday  
World Radio Day   
National Women's Day (Birth Anniversary of Sarojini Naidu)

14 Friday   
Valentine's Day

20 Thursday  
World Anthropology Day  
World Day of Social Justice 

21 Saturday   
International Mother Language Day


22 Saturday   
World Thinking Day

24 Monday   
Central Excise Day

25 Tuesday  
World Spay Day

26 Wednesday  
Maha Shivratri

27 Thursday  
World Governmental Organization Day

28 Friday   
National Science Day  
Rare Disease Day





# March 2025

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01 Saturday

Zero Discrimination Day  
World Civil Defence Day



03 Monday

World Music Therapy Day  
World Wildlife Day



04 Tuesday

World Teen Mental Wellness Day  
World Birth Defects Day  
National Security Day  
World Obesity Day

06 Thursday

World Plant Power Day



08 Saturday

International Women's Day



10 Monday

Commonwealth Day

12 Wednesday

No Smoking Day



13 Thursday

Holika Dahan  
World Kidney Day



14 Friday

Holi  
Pi Day  
World Sleep Day

15 Saturday

International Day of Action for Rivers  
World Consumer Rights Day



18 Monday

Ordnance Factories Day  
Global Recycling Day  
World Social Work Day



20 Thursday

International Day of Happiness  
World Sparrow Day



21 Friday

World Oral Health Day  
World Poetry Day  
International Day of Forests  
World Down Syndrome Day  
World Puppetry Day



22 Saturday

World Water Day



23 Sunday

World Meteorological Day

24 Monday

World TB Day

27 Thursday

World Theatre Day



28 Friday

Gudi Padwa  
World Idli Day



31 Monday



World Backup Day





# April 2025

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|   |  |   |  |
|---|--|---|--|
| 01 Tuesday <br>Utkala Diwas (Odisha Day)<br>April Fool's Day   | 12 Saturday<br>Mahavir Jayanti   | 18 Friday <br>World Heritage Day<br>World Amateur Radio Day<br>Good Friday | 25 Friday <br>World Malaria Day<br>World Penguin Day              |
| 02 Monday<br>World Autism Awareness Day   | 13 Sunday <br>Hanuman Jayanti<br>Baisakhi | 21 Monday <br>Civil Services Day<br>Eid-al-Fitr<br>World Immunization Week | 26 Saturday <br>Intellectual Property Day<br>World Veterinary Day |
| 03 Thursday <br>World Party Day                                | 14 Monday<br>Dr. B.R. Ambedkar Jayanti   | 22 Tuesday <br>International Mother Earth Day                              | 27 Sunday <br>World Design Day                                    |
| 04 Friday<br>International Day for Mine Awareness   | 15 Tuesday <br>World Art Day              | 23 Wednesday <br>Secretaries Day<br>World Book and Copyright Day           | 28 Monday<br>World Day for Safety and Health at Work   |
| 07 Monday <br>Rama Navami<br>World Health Day                  | 16 Wednesday<br>World Voice Day  | 24 Thursday<br>National Panchayat Raj Day   | 29 Tuesday <br>International Dance Day                            |
| 11 Friday <br>National Safe Motherhood Day<br>National Pet Day |  |   | 30 Wednesday<br>Ayushman Bharat Diwas  |





# May 2025

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|   |   |  |   |
|---|---|--|---|
| <b>01</b> Thursday<br>International Labour Day <br>Maharashtra Day<br>World Password Day | <b>08</b> Thursday<br>World Red Cross Day<br>World Thalassemia Day  | <b>16</b> Friday<br>National Love a Tree Day    | <b>22</b> Thursday<br>National Maritime Day<br>International Day for Biological Diversity<br>World Goth Day   |
| <b>03</b> Saturday<br>World Press Freedom Day    | <b>10</b> Saturday<br>World Lupus Day   | <b>17</b> Saturday<br>World Telecommunication and Information Society Day <br>World Hypertension Day<br>World Whiskey Day | <b>23</b> Friday<br>World Turtle Day   |
| <b>04</b> Sunday<br>International Firefighters Day<br>World Laughter Day                 | <b>12</b> Monday<br>International Nurses Day  | <b>18</b> Sunday<br>World Baking Day   | <b>24</b> Saturday<br>National Brothers Day<br>World Schizophrenia Day  |
| <b>06</b> Tuesday<br>World Asthma Day   | <b>13</b> Tuesday<br>World Cocktail Day  | <b>20</b> Tuesday<br>World Bee Day    | <b>28</b> Wednesday<br>World Blood Cancer Day <br>World Multiple Sclerosis Day |
| <b>07</b> Wednesday<br>World Athletics Day   | <b>15</b> Thursday<br>International Day of the Family   | <b>21</b> Wednesday<br>World Day for Cultural Diversity  | <b>31</b> Saturday<br>Anti-Tobacco Day (World No Tobacco Day)                  |





# June 2025

ADL↑FT

01 Sunday

Global Day of Parents  
World Reef Awareness Day  
World Milk Day



03 Tuesday

World Bicycle Day



04 Wednesday

International Day of Innocent Children Victims of Aggression  
Global Running Day



05 Thursday

World Environment Day

07 Saturday

World Food Safety Day



08 Sunday

World Oceans Day  
Eid Al-Adha  
World Brain Tumor Day

12 Thursday

Anti-Child Labour Day



13 Friday

International Albinism Awareness Day  
World Softball Day

14 Saturday

World Blood Donor Day



15 Sunday

World Wind Day  
World Elder Abuse Awareness Day  
Father's Day

17 Monday

World Day to Combat Desertification and Drought

18 Tuesday

International Sushi Day  
International Picnic Day



20 Friday

World Refugee Day

21 Saturday

World Music Day  
World Hydrography Day  
International Surfing Day  
International Day of Yoga  
Longest Day of the Year (June Solstice)



22 Sunday

World Rainforest Day



23 Monday

United Nations Public Service Day  
International Olympic Day



25 Wednesday

World Vitiligo Day

26 Thursday

International Day Against Drug Abuse and Illicit Trafficking

28 Saturday

National Logistics Day

30 Monday



World Social Media Day  
International Asteroid Day





# July 2025


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**01** Tuesday   
National Doctors' Day  
International Joke Day  
Chartered Accountant Day   
World Bronchiectasis Day

**02** Wednesday   
World UFO Day

**05** Saturday  
International Day of Cooperatives


**06** Sunday   
World Zoonosis Day

**07** Monday   
World Chocolate Day  
Global Forgiveness Day

**11** Friday   
World Population Day

**17** Thursday   
World Emoji Day


**18** Friday  
Nelson Mandela International Day  
World Listening Day 

**20** Sunday   
International Chess Day  
World Jump Day

**21** Monday  
Guru Purnima

**24** Thursday   
Cousins Day

**26** Saturday  
Kargil Vijay Diwas

**28** Monday   
World Hepatitis Day

**30** Wednesday   
World Day Against Trafficking in Persons

**31** Thursday  
World Ranger Day







# August 2025

ADL↑FT

01 Friday

International  
Childfree Day  
World Lung Cancer  
Day



International  
Beer Day



03 Sunday

International  
Friendship Day



06 Wednesday

Hiroshima Day

09 Saturday

Quit India Day  
Book Lovers Day  
Nagasaki Day  
International Day  
of the World's  
Indigenous Peoples  
International  
Coworking Day



10 Sunday

National  
Deworming Day

12 Tuesday

International  
Youth Day



15 Friday

Independence  
Day (India)  
Raksha Bandhan



16 Saturday

International  
Geocaching Day

19 Tuesday

World  
Photography Day  
World  
Humanitarian Day



20 Wednesday

World Mosquito Day

21 Thursday

Janmashtami  
World Senior  
Citizen's Day



22 Friday

World Plant Milk Day

29 Friday

National Sports  
Day (India)



30 Saturday

World Distance  
Learning Day

31 Sunday

International  
Overdose  
Awareness Day





# September 2025

ADL↑FT

01 Monday  
World Letter Writing Day



02 Tuesday  
Coconut Day



04 Thursday  
Id-E-Milad  
(Prophet's Birthday)

05 Friday  
Teachers Day  
(India)  
International Day of Charity  
Onam



06 Saturday  
World Beard Day



08 Monday  
International Literacy Day  
World Physical Therapy Day



09 Tuesday  
International Sudoku Day



10 Wednesday  
World Suicide Prevention Day

13 Saturday  
World Sepsis Day  
International Chocolate Day

World First Aid Day



14 Sunday  
Hindi Diwas  
Grandparents Day



15 Monday  
Engineer Day (India)  
International Dot Day  
International Day of Democracy



16 Tuesday  
International Day for the Preservation of the Ozone Layer

17 Wednesday  
World Patient Safety Day  
Ganesh Chaturthi



18 Thursday  
International Country Music Day

21 Sunday  
International Day of Peace (IDP)  
World Alzheimer's Day  
World Gratitude Day



22 Monday  
World Car-Free Day  
World Rhino Day  
World Chronic Myeloid Leukemia (CML) Day



23 Tuesday  
International Day of Sign Languages





# September 2025

ADL↑FT

25 Thursday



World Dream Day  
World Maritime Day

26 Friday

World Contraception Day

27 Saturday



World Tourism Day

28 Sunday




World Rivers Day  
International Daughters' Day  
World Rabies Day  
International Day of the Deaf

29 Monday

International Day for Universal Access to Information   
World Heart Day

30 Tuesday

International Day of Awareness of Food Loss and Waste 

International Translation Day

International Podcast Day  
Durga Ashtami





# October 2025

ADL↑FT

01 Wednesday



International Day of Older Persons  
Maha Navami  
International Coffee Day



World Vegetarian Day  
International Music Day  
Dussehra

02 Thursday



Gandhi Jayanti  
International Day of Family Planning  
International Day of Non-Violence

03 Friday

World Temperance Day  
World Smile Day



04 Saturday

World Animal Welfare Day  
World Space Week - Day 1



05 Sunday

World Financial Planning Day  
World Cerebral Palsy Day



06 Monday

World Habitat Day

08 Wednesday

Indian Air Force Day



09 Thursday

World Post Day  
World Sight Day

10 Friday

National Postal Day  
World Mental Health Day  
World Homeless Day  
World Egg Day



11 Saturday

International Day of the Girl Child



12 Sunday

World Hospice & Palliative Care Day

13 Monday

World Thrombosis Day

14 Tuesday

World Standards Day

15 Wednesday

World Students' Day  
World White Cane Day



16 Thursday

World Food Day  
World Spine Day



17 Friday

World Trauma Day  
International Day for Eradication of Poverty

18 Saturday

Dhanteras



19 Sunday

Karwa Chauth





# October 2025

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20 Monday



International Sloth Day  
World Osteoporosis Day  
World Statistics Day  
International Day of the Air Traffic Controller  
International Chefs Day

21 Tuesday



Diwali

22 Wednesday

Govardhan Pooja

23 Thursday

Bhai Dooj

24 Friday



United Nations Day  
World Development Information Day  
World Polio Day

25 Saturday



International Artist Day  
World Pasta Day  
International Dwarfism Awareness Day  
World Opera Day

27 Monday

World Occupational Therapy Day  
World Day for Audiovisual Heritage

28 Tuesday



International Animation Day  
World Judo Day

29 Wednesday

World Stroke Day  
World Psoriasis Day

30 Thursday

World Savings Day



31 Friday

National Unity Day  
World Cities Day  
Halloween





# November 2025

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|   |  |  |   |
|---|--|--|---|
| <b>01 Saturday</b><br>World Vegan Day                | <b>10 Monday</b><br>World Freedom Day<br>International Day against Fascism and Antisemitism<br>World Adoption Day<br>World Science Day for Peace and Development  | <b>13 Thursday</b><br>World Kindness Day<br>Guru Nanak Jayanti    | <b>20 Thursday</b><br>World Pancreatic Cancer Day<br>World Philosophy Day  |
| <b>03 Monday</b><br>World Sandwich Day               |  | <b>16 Sunday</b><br>International Day of Tolerance<br>World Day of Remembrance for Road Traffic Victims                 | <b>21 Friday</b><br>World Television Day<br>World Hello Day                |
| <b>05 Wednesday</b><br>World Tsunami Awareness Day  |  | <b>17 Monday</b><br>International Students' Day<br>World Prematurity Day<br>World Antimicrobial Awareness Week - Day 1  | <b>26 Wednesday</b><br>National Constitution Day  |
| <b>06 Thursday</b><br>National Cancer Awareness Day  | <b>11 Tuesday</b><br>International Accounting Day<br>World Keratoconus Day<br>National Education Day    |  | <b>29 Saturday</b><br>International Day of Solidarity with Palestinian People   |
| <b>08 Saturday</b><br>World Urbanism Day  | <b>12 Wednesday</b><br>World Pneumonia Day   | <b>19 Wednesday</b><br>World COPD Day<br>World Toilet Day<br>International Men's Day                                    |   |
| <b>09 Sunday</b><br>National Legal Services Day      |  |  |   |





# December 2025

ADL↑FT

01 Monday



World AIDS Day

02 Tuesday



National Pollution Control Day

International Day for the Abolition of Slavery

03 Wednesday

International Day of Disabled Persons

04 Thursday



Indian Navy Day

05 Friday



International Volunteer Day

World Soil Day

07 Sunday

Indian Armed Forces Flag Day

10 Wednesday



Human Rights Day

11 Thursday



International Mountain Day

14 Sunday



Energy Conservation Day

16 Tuesday

Vijay Diwas

18 Thursday

National Minorities Rights Day

22 Monday



National Mathematics Day  
Winter Solstice

23 Tuesday



National Farmers Day (Kisan Diwas)

24 Wednesday

National Consumers Day

25 Thursday



Christmas Day

26 Friday

Boxing Day

31 Wednesday



New Year's Eve

